

Japanese Yoga Teacher Training



**200 Hour Foundation Course
with Peter Masters**

**Commencing Saturday 20 June 2020
Takara Yoga Studio, Mullumbimby NSW**

Confidential Enrolment Form

Name

Email

Phone

Address

Date of Birth

Occupation

What's your experience of yoga up to now? I.e. Please describe your practice, who your teachers are, style practiced, how long, etc.

Have you done any related teacher training or practice? eg. meditation, healing arts, martial arts etc.

Can you attend all the scheduled weekends and session times?

Session times:

- Saturdays 10am to 6:30pm
- Sundays 8am to 4:30pm

Weekend dates:

- June 20-21 (Introduction to Japanese Yoga)
- July 18-19 (Metal Element)
- August 8-9 (Water Element)
- September 5-6 (Wood Element)
- September 26-27 (Fire Element)
- October 17-18 (Earth Element)
- November 14-15 (Integration)
- December 5-6 (Practical Classes)

What are your reasons and intentions for doing the course?

Do you have any injuries, weak areas, physical or psychological health conditions, or are you currently pregnant? Please provide details including any medications you are taking.

Once you have filled out the form, please save it and email it to info@zencentral.com.au. If you have any questions, please get in touch.

Peter - 0418 139 232 - info@zencentral.com.au